

TRADITIONAL FORMS

DIVISION RULES

- Give Formal Presentation - Bow, Greeting, Name, School, Form, Ask permission to begin
- 5 Judges
- White-Red belts score between 7-9 points.
- Black belts score between 8-10 points.
- Scoring will be based on difficulty of form, pacing/timing, breathing/intensity, technique, and focus.
- Tie Breakers: The highest score will be added back in, if still a tie, the lowest will be added back in.